



Training Academy

A Collaboration of
Advanced Learning



MEDICAL GYNAECO-AESTHETIC MASTERCLASS

Presented by **Dr Marisa Heyns**
at **Dr Nerina Wilkinson + Associates**

Integrative Medical Gynaeco-aesthetic Treatments: Advanced multimodal strategies for functional and aesthetic vulvovaginal concerns.

This advanced workshop provides a comprehensive approach to managing functional and aesthetic vulvovaginal concerns, emphasizing regenerative and aesthetic treatments to improve vulvovaginal atrophy and functional decline. Participants will gain in-depth knowledge of the pathophysiology, histology, and clinical presentation of vulvovaginal atrophy (VVA) as well as common vulvovaginal aesthetic concerns, alongside practical training in the latest medical aesthetic treatment options to address these concerns.

DATE: 10 MAY, 2025

TIME: 08:30 - 16:30

EARLY BIRD COST: R14 000

NORMAL COST: R16 000

R5 000 worth of products, refreshments, and lunch are included.

KEY LEARNING OBJECTIVES

Aesthetic Gynaecology Masterclass

Understanding Vulvovaginal Atrophy (VVA):

- Pathophysiology and histology of internal and external vulvovaginal tissues

Common vulvovaginal aesthetic concerns:

- Deflation and ptosis of the labia majora and minora
- Vaginismus and functional decline
- Hyperpigmentation of the intimate region

Medical Aesthetic Treatment Options:

- Regenerative Approaches:
 - Autologous treatments focussing on platelet-derived growth factors
 - Crosslinked HA biostimulation techniques
- Energy Devices:
 - Application of radiofrequency and laser technologies.
- Aesthetic Enhancements:
 - Utilization of dermal fillers and lipofilling for aesthetic improvement
- Hyperpigmentation Treatments:
 - Effective strategies for treating vulvovaginal hyperpigmentation

Assessment of the Intimate Wellness Patient:

- Comprehensive patient history and examination
- Criteria for selecting ideal candidates for various treatments

KEY LEARNING OBJECTIVES

Aesthetic Gynaecology Masterclass

Practical Hands-On Training:

- Interactive sessions providing practical experience with the discussed treatment modalities
- Labia majora volume augmentation with cross-linked filler
- Platelet-derived growth factor injection techniques for functional improvement

Panel Discussion:

- Expert insights on when to refer patients for additional care
- Overview of surgical options for vulvovaginal concerns

Who Should Attend

This workshop is designed for medical aesthetic practitioners interested in advancing their skills in medical aesthetic gynaecology treatments.

Course Format

The workshop combines lectures, hands-on training, and interactive panel discussions to ensure a well-rounded educational experience.

Outcomes

Participants will leave the workshop with a comprehensive understanding of how to effectively manage common vulvovaginal concerns using advanced and integrative treatment strategies, enhancing their ability to improve patient outcomes and satisfaction.

BOOKING INFORMATION

And cancellation policy

Seats are limited. To secure your booking please pay in full and send your proof of payment to training@futureaesthetics.co.za.

BANKING DETAILS:

Future Aesthetics
Investec Bank
Account number: 10013413301
Branch code: 580105
Ref: Name and Surname

CANCELLATION POLICY:

Please cancel 2 weeks in advance for a full refund. Unfortunately, no refunds will be processed within 2 weeks of the course starting date.

We look forward to assisting you in advancing your aesthetic career at the [Dr Nerina Wilkinson + Associates clinic](#).