



## Training Academy

A Collaboration of  
Advanced Learning



# SOFT TISSUE BIOSTIMULATORS MASTERCLASS

Presented by Dr Tracey Garner  
at Dr Nerina Wilkinson + Associates

**Advanced Soft Tissue Biostimulation: A comprehensive overview of soft tissue biostimulators and their unique application in different patients.**

This comprehensive masterclass is designed for aesthetic doctors seeking to enhance their expertise in selecting and applying soft tissue biostimulators currently on the market. It will give a broad non-branded overview of each product's unique science, function, and injection techniques. A strong focus will be on practical patient assessment and treatment planning using case studies and treatment videos. Participants can book a practical hands-on session on the second day.

**DATE: 16 MARCH 2025**

**TIME: 08:30 - 16:30**

Theory and advanced patient assessment and treatment planning  
Refreshments and lunch are included.

**EARLY BIRD COST: R11 500**

**NORMAL COST: R 13 000**

# **KEY LEARNING OBJECTIVES**

## **Comprehensive Biostimulator Masterclass**

### **1. Understanding the science behind Soft Tissue Biostimulators:**

- Hyaluronic acid as a skin booster or thermally stabilised bio-remodellar
- Calcium Hydroxyapatite (CaHA)
- Poly-L-Lactic-Acid (PLLA)
- Hybrid injectables
- Mesoboosters
- Fat and stem cells

### **2. Choosing the correct biostimulator for your patient:**

- Detailed patient assessment
- Mapping the ideal biostimulator treatment plan for your patient

### **3. Biostimulator techniques:**

- Subdermal mesotherapy technique
  - Skin hydration and bio-stimulation
- BAP technique:
  - Identifying and using the bio-active points.
- Cannula technique
  - Tips and techniques for the use of cannulas for the application of biostimulators in the face, hands and neck
- Advanced needle technique:
  - For the application of biostimulators in the neck

### **4. Combined Practical Approach:**

- Integrating the advanced application of multiple biostimulators and techniques in different areas for optimal results.

# **KEY LEARNING OBJECTIVES**

## **Comprehensive Biostimulator Masterclass**

### **Optional Hands-On Experience**

- Hyaluronic acid skin boosters / thermally stabilised bio-remodellers
- Calcium Hydroxyapatite (CaHA)
- Poly-L-Lactic-Acid (PLLA)
- Hybrid injectables
- Mesoboosters

### **Who Should Attend**

This workshop is ideal for intermediate to advanced aesthetic doctors looking to expand their skills in skin biostimulators. You will leave more equipped to accurately assess your patients as well as plan and action advanced integrated biostimulation treatment plans.

### **Course Format**

The workshop includes a combination of lectures, theoretical modules, and extensive practical patient assessment and treatment planning sessions to ensure participants gain both knowledge and practical experience. There is an option to book an in-practice hands-on session with Tracey after the training (at an additional cost).

### **Outcomes**

Participants will leave with a practical understanding of the science and application of the various biostimulators. You will be equipped to accurately assess and plan integrated biostimulation plans for your patients.

## **BOOKING INFORMATION**

### **And cancellation policy**

Seats are limited. To secure your booking please pay in full and send your proof of payment to [training@futureaesthetics.co.za](mailto:training@futureaesthetics.co.za).

### **BANKING DETAILS:**

Future Aesthetics  
Investec Bank  
Account number: 10013413301  
Branch code: 580105  
Ref: Name and Surname

### **CANCELLATION POLICY:**

Please cancel 2 weeks in advance for a full refund. Unfortunately, no refunds will be processed within 2 weeks of the course starting date.

We look forward to assisting you in advancing your aesthetic career at the [Dr Nerina Wilkinson + Associates clinic](#).